

Color Success Champion Self

Your Champion Self is the higher, healthier part of you that knows it is unconditionally valuable, lovable, capable and free to choose your core beliefs. The Champion Self is a different, more developed level of the personality. It is competent, secure, self-assured, relaxed, and able to listen and respond to feedback. It lives by the principle of self and other compassion. When your Champion Self is leading the other subparts of your personality, you have the ability to show many of the success character qualities listed here. Put an X by the ones you feel are most like you.

- _____ 1. Does Not Make Excuses
- _____ 2. Well Rounded And Balanced
- _____ 3. Sees The Big Picture
- _____ 4. Admits Mistakes
- _____ 5. Positive, Strong Character
- _____ 6. Champion Attitude
- _____ 7. Proactive
- _____ 8. Responds Rather Than Reacts
- _____ 9. Leadership Skills (Self and Other)
- _____ 10. Synergy Focus
- _____ 11. Conflict-Resolution Skills
- _____ 12. Self-Awareness
- _____ 13. Emotional Coping Skills
- _____ 14. Self-Control
- _____ 15. Patience
- _____ 16. Integrity
- _____ 17. Creative
- _____ 18. Resilient
- _____ 19. Observant/Mindful
- _____ 20. Compassionate

When you hear the saying, “Be the change you want to see in the world”, it is the voice of our Champion Self.